

SWINE FLU

Catch it, Bin it, Kill it.

IMPORTANT NOTICE TO DANCE TEACHERS

We strongly recommend that all teachers are vigilant when taking classes. If anyone at your school is showing flu like symptoms they should follow the NHS guidelines - for more information go to:

www.direct.gov.uk/swineflu downloadable leaflet. or www.nhs.uk or ring the Swine flu information line on 0800 1 513 513

Symptoms associated with swine flue include: fatigue, loss of appetite, coughing, swollen glands, runny nose, sore throat, nausea, vomiting, diarrhoea, nosebleeds.

It is advisable to recommend to your pupils to cover their mouths and noses with a tissue, when coughing and sneezing and then to dispose of the tissue. People should wash their hands with soap and water or use an antiseptic hand gel after disposing of the tissue.

If you have an examination session booked and anyone at your school has been diagnosed with swine flu or been in close contact with anyone with swine flu, please advise Head Office and your designated Examiner in advance of the session.

Please follow the NHS guidelines and try to avoid unnecessary changes of partners or mixer dances.

Thank you for your attention to this matter.