

International Dance Teachers' Association

presents the

Nationwide Medallist of the Year Competitions

CLASSICAL SEQUENCE,
MODERN SEQUENCE,
ROSETTES & STARDANCE

at the Empress Ballroom,
Winter Gardens, Blackpool

Saturday 26th & Sunday 27th October 2019

ORGANIZING COMMITTEE & REPRESENTATIVES

Derek Tonks (Chairman), Dawn Parker (Vice Chairman & Midlands),
Wendy Anderson (Anglia), Kim Devine (Scotland), Cynthia Coleman (North East),
Ann Haining (Tyne Tees), Keith Laughton (South West), Mark Lunn (South East),
Wayne Turner (North West)

IMPORTANT INFORMATION FOR COMPETITORS AND SPECTATORS

Please be ready at least 30 minutes before scheduled 1st Round time as this session will start earlier if at all possible.

No alcohol to be brought into the venue

No hot food to be brought into the venue - hot food can be purchased in the Arena

Numbers to be collected by 8.30 am at the latest and 2.00 pm for afternoon sessions. If number cards are not collected the competitors will be disqualified.

All Trade Stands will be situated in the Arena

The Winter Gardens management **INSIST** that competitors must not walk around the concourse without shoes

IDTA Head Office checks to ensure competitors have taken an appropriate medal test

Trade Stands
Arena, Winter Gardens
Freed
Glitterati - Dance by Design
Hashtagmerch – Official IDTA Nationwide Products
Intense Dance
Misgrace
Pure Class
Watkins Dance Shoes

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Check your results  
Results will be published on  
[www.scrutelle.info](http://www.scrutelle.info)  
in the next few days

# NATIONWIDE MEDALLIST OF THE YEAR

## CLASSICAL SEQUENCE & MODERN SEQUENCE FINALS

Saturday 26th October 2019

### Approximate First Round Times

| Event |                                               |              |
|-------|-----------------------------------------------|--------------|
| 3     | 6-8 years inc Girls Rosette                   | 9.00         |
| 5     | Up to 12 years inc. Girl/Girl Modern Sequence | 9.20         |
| 8     | 13-15 years inc. Girl/Girl Modern Sequence    | 9.35         |
| 1     | 3-5 years inc. Girl Rosette                   | 9.50         |
| 2     | 3-5 years inc. Boy Rosette                    | 10.10        |
| 4     | 6-8 years inc. Boy Rosette                    | 10.20        |
| 6     | Up to 12 years inc. Girl/Boy Modern Sequence  | 10.30        |
| 7     | Up to 12 years inc. Boy Modern Sequence       | 10.40        |
| 9     | 13-15 years inc. Girl/Boy Modern Sequence     | 10.50        |
| 10    | 13-15 years inc. Boy Modern Sequence          | 11.00        |
|       | <b>Prize Presentation</b>                     | <b>14.35</b> |
| 11    | 16-20 years inc. Lady/Lady Classical Sequence | 15.15        |
| 14    | 21-34 years inc. Lady/Lady Classical Sequence | 15.30        |
| 17    | 35-49 years inc. Lady Classical Sequence      | 15.40        |
| 21    | 60 years and over Lady Classical Sequence     | 15.50        |
| 12    | 16-20 years inc. Lady/Man Classical Sequence  | 16.00        |
| 19    | 50-59 years inc. Lady Classical Sequence      | 16.20        |
| 15    | 21-34 years inc. Lady/Man Classical Sequence  | 16.40        |
| 20    | 50-59 years inc. Man Classical Sequence       | 16.50        |
| 18    | 35-49 years inc. Man Classical Sequence       | 17.00        |
| 13    | 16-20 years inc. Man Classical Sequence       | 17.10        |
| 16    | 21-34 years inc. Man Classical Sequence       | 17.20        |
| 22    | 60 years and over Man Classical Sequence      | 17.30        |
| 23    | Bernard Gale Trophy, Lady                     | 17.40        |
| 24    | Bernard Gale Trophy, Man                      | 17.42        |
|       | <b>Prize Presentation</b>                     | <b>22.00</b> |

Please be ready at least 30 minutes before scheduled 1<sup>st</sup> Round time as this session will start earlier if at all possible.

The teacher or a representative from the school to collect their school's number cards.  
Number cards for all children to be collected by 8.30 am at the latest.



# NATIONWIDE MEDALLIST OF THE YEAR

## CLASSICAL SEQUENCE & MODERN SEQUENCE FINALS

Saturday 26th October 2019

### TIMETABLE

#### 2<sup>nd</sup> Round

| Event |                                          |       |
|-------|------------------------------------------|-------|
| 1     | 3-5 years Girl Rosette                   | 11.40 |
| 3     | 6-8 Years Girl Rosette                   | 11.50 |
| 5     | Up to 12 years Girl/Girl Modern Sequence | 12.00 |
| 8     | 13-15 years Girl/Girl Modern Sequence    | 12.10 |

#### 3<sup>rd</sup> Round

|   |                                          |       |
|---|------------------------------------------|-------|
| 3 | 6-8 years Girl Rosette                   | 12.20 |
| 5 | Up to 12 years Girl/Girl Modern Sequence | 12.25 |
| 8 | 13-15 years Girl/Girl Modern Sequence    | 12.30 |

#### Semi Finals

|   |                                       |       |
|---|---------------------------------------|-------|
| 1 | 3-5 years Girl Rosette                | 12.35 |
| 4 | 6-8 years Boy Rosette                 | 12.39 |
| 7 | Up to 12 years Boy Modern Sequence    | 12.43 |
| 9 | 13-15 years Girl/Boy Modern Sequence  | 12.47 |
| 3 | 6-8 years Girl Rosette                | 12.51 |
| 5 | Up to 12 years Girl Modern Sequence   | 12.55 |
| 8 | 13-15 years Girl/Girl Modern Sequence | 12.59 |

**Break** 13.03

#### Finals

|    |                                         |       |
|----|-----------------------------------------|-------|
| 2  | 3-5 years Boy Rosette                   | 13.15 |
| 7  | Up to 12 years Boy Modern Sequence      | 13.23 |
| 10 | 13-15 years Boy Modern Sequence         | 13.31 |
| 1  | 3-5 years Girl Rosette                  | 13.39 |
| 6  | Up to 12 years Girl/Boy Modern Sequence | 13.47 |
| 4  | 6-8 years Boy Rosette                   | 13.55 |
| 9  | 13-15 years Girl/Boy Modern Sequence    | 14.03 |
| 3  | 6-8 years Girl Rosette                  | 14.11 |
| 5  | Up to 12 years Girl Modern Sequence     | 14.19 |
| 8  | 13-15 years Girl/Girl Modern Sequence   | 14.27 |

**Prize Presentation** 14.35

# NATIONWIDE MEDALLIST OF THE YEAR

## CLASSICAL SEQUENCE & MODERN SEQUENCE FINALS

Saturday 26th October 2019

### TIMETABLE

| Event | 2 <sup>nd</sup> Round                      |       |
|-------|--------------------------------------------|-------|
| 12    | 16-20 years Lady/Man Classical Sequence    | 18.25 |
| 19    | 50-59 years Lady Classical Sequence        | 18.30 |
| 11    | 16-20 years Lady/Lady Classical Sequence   | 18.35 |
| 14    | 21-34 years Lady/Lady Classical Sequence   | 18.45 |
| 17    | 35-49 years Lady Classical Sequence        | 18.55 |
| 21    | 60 years and above Lady Classical Sequence | 19.05 |

### Semi Finals

|    |                                            |       |
|----|--------------------------------------------|-------|
| 23 | Bernard Gale Trophy, Lady                  | 19.15 |
| 15 | 21-34 years Lady/Man Classical Sequence    | 19.17 |
| 13 | 16-20 years Man Classical Sequence         | 19.21 |
| 22 | 60 years and above Man Classical Sequence  | 19.25 |
| 16 | 21-34 years Man Classical Sequence         | 19.29 |
| 18 | 35-49 years Man Classical Sequence         | 19.33 |
| 12 | 16-20 years Lady/Man Classical Sequence    | 19.37 |
| 19 | 50-59 years Lady Classical Sequence        | 19.41 |
| 21 | 60 years and above Lady Classical Sequence | 19.45 |
| 14 | 21-34 years Lady/Lady Classical Sequence   | 19.49 |
| 17 | 35-49 years Lady Classical Sequence        | 19.53 |
| 11 | 16-20 years Lady/Lady Classical Sequence   | 19.57 |

**Break** **20.01**

### Finals

|    |                                            |       |
|----|--------------------------------------------|-------|
| 13 | 16-20 years Man Classical Sequence         | 20.15 |
| 16 | 21-34 years Man Classical Sequence         | 20.23 |
| 24 | Bernard Gale Trophy, Man                   | 20.31 |
| 18 | 35-49 years Man Classical Sequence         | 20.33 |
| 20 | 50-59 years Man Classical Sequence         | 20.41 |
| 12 | 16-20 years Lady/Man Classical Sequence    | 20.49 |
| 23 | Bernard Gale Trophy, Lady                  | 20.57 |
| 15 | 21-34 years Lady/Man Classical Sequence    | 21.00 |
| 22 | 60 years and above Man Classical Sequence  | 21.08 |
| 17 | 35-49 years Lady Classical Sequence        | 21.16 |
| 19 | 50-59 years Lady Classical Sequence        | 21.24 |
| 21 | 60 years and above Lady Classical Sequence | 21.32 |
| 11 | 16-20 years Lady/Lady Classical Sequence   | 21.40 |
| 14 | 21-34 years Lady/Lady Classical Sequence   | 21.48 |

**Prize Presentation** **22.00**

# NATIONWIDE MEDALLIST OF THE YEAR

## CLASSICAL SEQUENCE & MODERN SEQUENCE FINALS

Sunday 27th October 2019

### Approximate First Round Times

| Event |                                                  |              |
|-------|--------------------------------------------------|--------------|
| 25    | 6-10 years inc. Girl Stardance                   | 9.00         |
| 27    | Up to 12 years inc. Girl/Girl Classical Sequence | 9.20         |
| 30    | 13-15 years inc. Girl/Girl Classical Sequence    | 9.35         |
| 26    | 6-10 years inc. Boy Stardance                    | 9.50         |
| 28    | Up to 12 years inc. Girl/Boy Classical Sequence  | 10.00        |
| 29    | Up to 12 years inc. Boy Classical Sequence       | 10.10        |
| 31    | 13-15 years inc. Girl/Boy Classical Sequence     | 10.20        |
| 32    | 13-15 years inc. Boy Classical Sequence          | 10.30        |
| 45    | Dancers with Additional Needs                    | 12.40        |
|       | <b>Prize Presentation</b>                        | <b>13.50</b> |
| 33    | 16-20 years inc. Lady/Lady Modern Sequence       | 14.30        |
| 36    | 21-34 years inc. Lady/Lady Modern Sequence       | 14.40        |
| 39    | 35-49 years inc. Lady Modern Sequence            | 14.50        |
| 41    | 50-59 years inc. Lady Modern Sequence            | 15.00        |
| 43    | 60 years and above Lady Modern Sequence          | 15.10        |
| 34    | 16-20 years inc. Lady/Man Modern Sequence        | 15.20        |
| 42    | 50-59 years inc. Man Modern Sequence             | 15.40        |
| 35    | 16-20 years inc. Man Modern Sequence             | 15.50        |
| 37    | 21-34 years inc. Lady/Man Modern Sequence        | 16.00        |
| 44    | 60 years and above Man Modern Sequence           | 16.10        |
| 38    | 21-34 years inc. Man Modern Sequence             | 16.20        |
| 40    | 35-49 years inc. Man Modern Sequence             | 16.30        |
|       | <b>Prize Presentation</b>                        | <b>21.00</b> |



Please be ready at least 30 minutes before scheduled 1<sup>st</sup> Round time as this session will start earlier if at all possible.

The teacher or a representative from the school to collect their school's number cards.

Number cards for all children to be collected by 8.30 am at the latest.



# NATIONWIDE MEDALLIST OF THE YEAR

## CLASSICAL SEQUENCE & MODERN SEQUENCE FINALS

Sunday 27th October 2019

### TIMETABLE

#### 2<sup>nd</sup> Round

| Event |                                             |       |
|-------|---------------------------------------------|-------|
| 25    | 6-10 years Girl Stardance                   | 11.10 |
| 27    | Up to 12 years Girl/Girl Classical Sequence | 11.25 |
| 30    | 13-15 years Girl/Girl Classical Sequence    | 11.35 |

#### 3<sup>rd</sup> Round

|    |                                             |       |
|----|---------------------------------------------|-------|
| 25 | 6-10 years Girl Stardance                   | 11.45 |
| 27 | Up to 12 years Girl/Girl Classical Sequence | 11.55 |
| 30 | 13-15 years Girl/Girl Classical Sequence    | 12.00 |

#### 4<sup>th</sup> Round

|    |                           |       |
|----|---------------------------|-------|
| 25 | 6-10 years Girl Stardance | 12.05 |
|----|---------------------------|-------|

#### Semi Finals

|    |                                             |       |
|----|---------------------------------------------|-------|
| 28 | Up to 12 years Girl/Boy Classical Sequence  | 12.10 |
| 31 | 13-15 years Girl/Boy Classical Sequence     | 12.14 |
| 25 | 6-10 years Girl Stardance                   | 12.18 |
| 27 | Up to 12 years Girl/Girl Classical Sequence | 12.22 |
| 30 | 13-15 years Girl/Girl Classical Sequence    | 12.26 |

**Break** 12.30

#### Finals

|    |                                              |       |
|----|----------------------------------------------|-------|
| 45 | Dancers with Additional Needs Under 16 years | 12.40 |
| 29 | Up to 12 years Boy Classical Sequence        | 12.44 |
| 32 | 13-15 years Boy Classical Sequence           | 12.52 |
| 26 | 6-10 years Boy Stardance                     | 13.00 |
| 31 | 13-15 years Girl/Boy Classical Sequence      | 13.08 |
| 25 | 6-10 years Girl Stardance                    | 13.16 |
| 28 | Up to 12 years Girl/Boy Classical Sequence   | 13.24 |
| 27 | Up to 12 years Girl/Girl Classical Sequence  | 13.32 |
| 30 | 13-15 years Girl/Girl Classical Sequence     | 13.40 |

**Prize Presentation** 13.50

# NATIONWIDE MEDALLIST OF THE YEAR

## CLASSICAL SEQUENCE & MODERN SEQUENCE FINALS

Sunday 27th October 2019

### TIMETABLE

#### 2<sup>nd</sup> Round

| Event |                                         |       |
|-------|-----------------------------------------|-------|
| 34    | 16-20 years Lady/Man Modern Sequence    | 17.30 |
| 33    | 16-20 years Lady/Lady Modern Sequence   | 17.35 |
| 36    | 21-34 years Lady/Lady Modern Sequence   | 17.45 |
| 39    | 35-49 years Lady Modern Sequence        | 17.55 |
| 41    | 50-59 years Lady Modern Sequence        | 18.05 |
| 43    | 60 years and above Lady Modern Sequence | 18.15 |

#### Semi Finals

|    |                                         |       |
|----|-----------------------------------------|-------|
| 34 | 16-20 years Lady/Man Modern Sequence    | 18.25 |
| 37 | 21-34 years Lady/Man Modern Sequence    | 18.29 |
| 40 | 35-49 years Man Modern Sequence         | 18.33 |
| 38 | 21-34 years Man Modern Sequence         | 18.37 |
| 42 | 50-59 years Man Modern Sequence         | 18.41 |
| 35 | 16-20 years Man Modern Sequence         | 18.45 |
| 44 | 60 years and above Man Modern Sequence  | 18.49 |
| 41 | 50-59 years Lady Modern Sequence        | 18.53 |
| 43 | 60 years and above Lady Modern Sequence | 18.57 |
| 33 | 16-20 years Lady/Lady Modern Sequence   | 19.01 |
| 39 | 35-49 years Lady Modern Sequence        | 19.05 |
| 36 | 21-34 years Lady/Lady Modern Sequence   | 19.09 |

**Break** 19.13

#### Finals

|    |                                         |       |
|----|-----------------------------------------|-------|
| 35 | 16-20 years Man Modern Sequence         | 19.25 |
| 38 | 21-34 years Man Modern Sequence         | 19.33 |
| 40 | 35-49 years Man Modern Sequence         | 19.41 |
| 34 | 16-20 years Lady/Man Modern Sequence    | 19.49 |
| 37 | 21-34 years Lady/Man Modern Sequence    | 19.57 |
| 42 | 50-59 years Man Modern Sequence         | 20.05 |
| 44 | 60 years and above Man Modern Sequence  | 20.13 |
| 41 | 50-59 years Lady Modern Sequence        | 20.21 |
| 43 | 60 years and above Lady Modern Sequence | 20.29 |
| 33 | 16-20 years Lady/Lady Modern Sequence   | 20.37 |
| 39 | 35-49 years Lady Modern Sequence        | 20.45 |
| 36 | 21-34 years Lady/Lady Modern Sequence   | 20.53 |

**Prize Presentation** 21.00



# RULES OF THE IDTA NATIONWIDE MEDALLIST COMPETITIONS

## RULES APPLICABLE TO ALL BRANCHES 2019

(updated June 2019)

*The IDTA Nationwide Finals are not run under the BDC rules, with the exception of the dress code rules B5.*

- 1 Each Area will select a specific competition for the purpose of selecting the competitors for the Nationwide competition. This specific contest may be any time prior to the Nationwide competition.
- 2 A Professional (who shall be defined as persons who have lost their amateur status) shall not be allowed to partner or compete in the Nationwide competitions. A person who has taken any professional qualification, in any core or non-core genre, from any dance teaching association recognized by the IDTA/BDC, including modules and derives an income from teaching dancing shall be deemed to have lost their amateur status. See also Ballroom, Latin, Classical Sequence and Modern Sequence rules below.
  - 2.1 Individuals who have taken a Pre-Associate examination may partner a competitor but may NOT compete (cannot compete in the Freestyle Pairs or Rock 'n' Roll competitions).
- 3 All competitors in Nationwide must have passed an IDTA one dance award (formerly medal test) or above, or Graded examination (not a Social Dance Award, All Round Efficiency), in the branch concerned in the previous twelve months prior to the qualifying heat. See also *Freestyle and Rock 'n' Roll and Street Dance rules below.*
- 4 All competitors must enter Nationwide Heats in the Area in which their dance school competes and may only compete in one Area.
- 5 If a pupil leaves their school after qualifying for a Nationwide Final, they forfeit the right to compete in the Finals in that year. The teacher who has lost the pupil must inform their Nationwide Area Representative as soon as possible. Each case will be reviewed individually.
- 6 When competitors have been called to the floor, the heat, semi-final or final will not be delayed if a competitor is not available.
- 7 Each competitor shall dance in the age group in which he or she qualified at his or her respective Area heat.
- 8 After the start of a competition partners may not be changed unless an emergency arises.
- 9 Child Protection / Safe Guarding guidelines recommend that photography and filming should not be permitted. If you photograph or film your own child, we recommend that you do not publish the images on public/open social networking sites.
- 10 Any complaints are to be taken by the school principal to their Area representative, who will inform the chairman, who will confer with the sub committee.
- 11 No school name or logo to be worn by competitors while dancing in the Nationwide competitions.
- 12 Repechage MAY be used for first rounds where applicable.
- 13 Any substances that could cause a hazard or leave a residue on the dance floor must not be used.
- 14 Competitors must be courteous to other competitors and adjudicators at all times.
- 15 If a competitor is injured or ill and the paramedics state that they must not dance the appropriate people will be advised (parent/guardian/chaperon/teacher) and the committee and scrutineer will be advised. The competitor will not be allowed to dance against medical advice.

16. Photography/Filming  
The IDTA will be videoing this competition and the footage or still images maybe used for promotional/advertising purposes. Anyone who does not wish to be filmed must notify the organisers prior to event and when collecting their number cards at the event and they will be removed from any footage.

**In the event of television coverage, live streaming or production of a DVD recording all competitors agree that the rights to any fees from such recording will vest with IDTA Ltd (the organisers) and no competitors nor associations shall have any claim against the organisers, television company, video streaming company or DVD producer.**

17. Number cards  
A representative from each school, either the principal or a nominated person must collect all the number cards for the school by 2.00 pm. Number cards will not be issued after this time. Competitors must not collect number cards.

### **Ballroom & Latin and Classical Sequence & Modern Sequence**

- B1. The Nationwide Medallist of the Year Competitions are national competitions for IDTA medallists only.
- B2. Professional and Open Competitors, whether registered or not, are not eligible to enter and are not allowed to dance either with competitors in the Nationwide competitions. This includes All Girl, Open Club or Social competitions.
- B3. Competition dancers (who shall be defined as anyone who has danced in any open competition in the last one year in any Branch) shall not be allowed to dance either with or as competitors in the Nationwide competitions unless one year has elapsed from their last open competitive event.
- B4. Competitors may not partner each other in the same competition.
- B5. In all competitions competitors must comply with the dress rules as set out within the BDC Juvenile dress rules for boys/men and girls/ladies, with the exception of the dress length in Ballroom and Classical Sequence competitions, where either skirt length may apply.

Competitors in the 12 & Under section may wear ear rings but must be small (eg: studs and not drops), hair decorations small flowers decoration no more than 11cm.

Dress for Gentleman/Boys 13 years and over – no tails, white long sleeved (not rolled up and with no additional detail) and must be tucked in the trousers. No wing collars or shiny material, cufflinks can be worn. Ties Black bow tie or regular black tie (no initials permitted).

Note: BDC Dress Rules accepted are dated January 2015 and January 2019.

- B6. In Latin competitions lifts, leaps and jumps are not permitted in any of the rounds or finals.
- B7. Ballroom: All four dances will be danced in the 1<sup>st</sup> round, excluding Viennese Waltz where repechage is not applicable.  
Latin: Four dances will be selected to be danced in the 1<sup>st</sup> round where repechage is not applicable. Subsequent rounds up to and including the semi-finals will be two dances selected by the committee on the day.  
All five dances will be danced in the final round of the Latin competitions.  
All five dances will be danced in the final round of the Ballroom competitions.
- B7.1 Competitors 60 years and over  
Ballroom - to dance all four dances excluding the Viennese Waltz where repechage is not applicable.  
Latin: to dance the four selected dances for the first round where repechage is not applicable.
- B7.2 Classical Sequence & Modern Sequence:  
Four dances to be danced in the first round where repechage is not applicable.  
All rounds up to and including the semi-finals will be two dances selected by the committee on the day.  
All four dances will be danced in the final of the Classical Sequence & Modern Sequence competitions.

- B8 Restricted Syllabus:  
Two dances, one from the Ballroom branch and one from the Latin branch will be restricted syllabus and rotated annually.  
Ballroom - all figures, precedes and follows will be restricted to those given in 'The Technique of Ballroom Dancing' by Guy Howard (revised 2011 and reprint 2016).  
Latin American - all figures, precedes, follows and holds will be restricted to those given in the 'Laird Technique of Latin Dancing' by Walter Laird 2014 edition.  
Medallists 12 years and under must dance IDTA restricted syllabus figures in all dances including precedes, follows and holds as above.  
Restricted syllabus dances – unrestricted in the final.
- B9 Qualifying heats for girls in the 12 years and under, 13-15 years inc. and 16-24 years inc. age groups will be run in two sections, girl partnered by boy or girl partnered by girl. A girl may not compete in both sections.
- B10 A girl must dance in the section in which she has qualified except in exceptional circumstances in which case prior permission from the appropriate Nationwide Area Representative (who will consult with the Nationwide Committee) must be obtained. Requests on the day of the competition must be made by the teacher to the appropriate Nationwide Area Representative.
- B11 The qualifying dates for all age groups are:  
1st October for the Ballroom and Latin Finals,  
1st May for the Classical & Modern Sequence Finals

## **RULES OF THE IDTA NATIONWIDE ROSETTE COMPETITIONS**

### **General**

- R1 Each Area will select a specific competition for the purpose of selecting the contestants for the Rosette competition. This specific contest may be any time prior to the Nationwide competition.
- R2 There are two age groups - 3-5 years and 6-8 years.
- R3 Competitors may dance solo or with a partner.

### **Ballroom & Latin and Classical Sequence & Modern Sequence**

- R4 Only Rosette syllabus figures may be danced.
- R5 As from 1st January 2014 all competitors must comply with the Juvenile dress rules laid down by the British Dance Council.
- R6 Rosette competitors are not permitted to dance in any other Nationwide competitions held on the same day.
- R7 During the Rosette and Stardance competitions one dress suitable for both dance styles should be worn. The adding or removing of a skirt during the competition is not allowed.

## **RULES OF THE IDTA NATIONWIDE STARDANCE COMPETITIONS**

### **General**

- SD1 Each Area will select a specific competition for the purpose of selecting the contestants for the Stardance competition. This specific contest may be any time prior to the Nationwide competition.
- SD2 There is one age group of 6-10 years.
- SD3 Competitors may dance solo or with a partner.

### **Ballroom & Latin and Classical Sequence & Modern Sequence**

- SD4 Only Stardance syllabus figures may be danced.
- SD5 As from 1st January 2014 all competitors must comply with the Juvenile dress rules laid down by the British Dance Council.
- SD6 Stardance competitors are not permitted to dance in any other Nationwide competitions held on the same day.
- SD7 During the Rosette and Stardance competitions one dress suitable for both dance styles should be worn. The adding or removing of a skirt during the competition is not allowed.