

IDTA

ACROBATIC DANCE

Dance Awards: Solo, Duos & Trios

Information initially published in the June issue of the
Dance International Magazine

© IDTA Sales Ltd.

Syllabus created by the IDTA Contemporary Modern Jazz Faculty

IDTA Sales Ltd, International House, 76 Bennett Road, Brighton, BN2 5JL
tel: 01273 608583 www.idta.co.uk email: sales@idta.co.uk

ACROBATIC DANCE

Age for Graded examinations

Preparatory from age 4

Primary from age 5

Grade 1-5 from age 7

Age for Dance Awards (formerly Medal Tests)

Juvenile from 5 years

Preliminary from 7 years

Bronze from 8 years

Examination timings unchanged – see page 3 of the Conditions and Information printed in the Theatre Dance Syllabus

Dress

Boys: Shorts with close fitting top

Girls: Leotard and footless tights, or all in one

All candidates bare feet or standard gymnastic shoes

ACROBATIC DANCE AWARDS (formerly Medal Tests)

Please read carefully the conditions and information section printed at the beginning of the Theatre Dance Syllabus folder pages 1-5

Dress - As grade examinations.

All dances to be based on the work from the Acrobatic Dance Syllabus.
Where more than one dance is required these should be contrasting styles.
A short choreographed bow to be performed.
Teacher's own choice of music throughout and may include vocals.
Emphasis being on performance value.

Juvenile

Simple dance choreographed by the teacher danced together or solo. (1 minute)

Preliminary

Choreographic Stretch (approx. 1 minute)
Simple dance choreographed by the teacher (approx. 1 minute)
To be danced together or solo.

Bronze

Dance choreographed by the teacher incorporating the use of Pom-Poms (approx. 1½ minutes)
Contrasting dance choreographed by the teacher (approx. 1½ minutes)
Based on grades 1 – 2. To be danced solo.

Silver

Dance choreographed by the teacher incorporating the use of a scarf (approx. 1½ minutes)
Contrasting dance choreographed by the teacher (approx. 1½ minutes)
Based on grades 3 – 4. To be danced solo.

Gold

Dance choreographed by the teacher incorporating the use of a hoop (approx. 2 minutes)
Contrasting dance choreographed by the teacher (approx. 2 minutes)
Based on grades 4 – 5. To be danced solo.

Gold Bars

2 contrasting dances choreographed by the teacher to a higher standard incorporating the use of a small prop for one of the dances. (approx. 2 minutes each)

ACROBATIC DANCE AWARDS DUOS & TRIOS

Juvenile & Preliminary

A simple dance choreographed by the teacher as a duet or trio showing patterns with a partner(s) (2 minutes maximum)

Bronze, Silver & Gold

Dance choreographed by the teacher as a duet or trio showing patterns with a partner(s) (2½ minutes maximum) May incorporate the use of a small prop.

Gold Bars

As for Bronze, Silver and Gold to a more advanced standard. (3 minutes maximum)