**Level 4 Diploma in Dance Teaching**

**Checklist for the Unit 1 Portfolio requirements**

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| **Assessment criterion** | **Evidence** |
| * 1. Conduct a risk assessment which identifies the likelihood and impact of possible risks in the teaching environment

***Candidate Handbook page 14*** | A risk assessment for a class you have taken or for a venue used as part of your teaching experience.The risk assessment should include:* ***Likelihood of risk***
* ***Severity of risk***
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| 1.2 Identify legislation that is applicable to the safe teaching of dance and explain how to put this into in practice***Candidate Handbook page 15*** | An explanation showing how you have:* Identified appropriate legislation for safe teaching of dance
* How you would implement this in practice

***Evidence should include Health and Safety, Child Protection and Equality legislation.******Evidence should include reference to insurance for dance teachers.*** |
| * 1. Explain the importance of supporting and maintaining a healthy and safe environment for dance teaching

***Candidate Handbook page 17*** | An explanation of the importance of supporting and maintaining a healthy and safe environment for dance teaching***Your evidence can be linked to the risk assessment and legislation evidence for 1.1 and 1.2*** |
| 2.1 Explain how to recognise poor posture ***Candidate Handbook page 17*** | An explanation of how to recognise poor posture***This can include examples from your own practice*** |
| 2.2 Give examples of effective nutrition and hydration for dancers and explain why this is important***Candidate Handbook page 18*** | Give examples of effective nutrition and hydrationInclude an explanation of why they are important for dancers |
| 2.3 Explain how to recognise injuries and how to take appropriate action ***Candidate Handbook page 18*** | An explanation of how to recognise injuries and what sort of actions to take (this can include examples from own practice) |
| 3.1 Explain the key stages of development in a particular group of students3.2 Explain the effects on dancer performance***Candidate Handbook page 19*** | An explanation of the key stages of growth and development of a group of studentsAn explanation of the effects on dancer performance of development for the group identified for 3.1 |