

DI magazine examination information – June 2023

CONTEMPORARY MODERN JAZZ ROSETTES:

Rosette 1 (uptempo 4/4 music) to replace old green rosette

4 bounces in crouch, hands on floor	1-4
Bounce parallel 1st, arms upward stretch hands in expansion, palms forwards	5 (678)
4 bounces in crouch, hands on floor	1-4
Bounce parallel 2nd, arms sideways expansion, palms forwards	5(678)
Repeat all creating own shape to finish	
To be danced 4 times	

Rosette 2 (uptempo 4/4 music) to replace the old gold rosette

8 bounces	1-8
Free run	1-4
Relaxed shape	5-8
Repeat all ending in tall shape	4 bars
Repeat all from the beginning ending in creative shape to finish	8 bars

Stardance 1 to replace old green stardance

Turn to face LDF, swing R arm forward, establishing Jazz 4th	12
Swing R arm backwards	34
Full outward circle of the R arm ending sharply with hand expansion	567(8)
Repeat opposite	1-8
Adjust to parallel 2nd, shoot R arm out to sideways expansion, palm forwards	12
Repeat L	34
Full outward circle of both arms	5-8
Body release	1
Uncurl	2-8
Repeat all	8 bars

Stardance 2 to replace old gold Stardance

2 scissor steps R and L	1-4
Step spring step turning, knees bent	5-7(8)
Repeat opposite	1-8
Parallel 2nd shoot R arm out to sideways expansion, palm inwards	1
Shoot L arm out to sideways expansion	2
Clasp hands	3(4)
Contract, pull arms inwards	5-8
Shoulder rolls with weight transference R, L, R	1-3(4)
Repeat shoulder rolls L, R, L	5-7(8)
Repeat all	8 bars

CONTEMPORARY MODERN JAZZ GRADES STEPS AND MOVEMENTS:

Preparatory

Steps

Bounces in natural 1st
Free Runs
High bounce
Tempo runs
Galops
Prowling walks
Step a change

Movements

Foot bases in 1st & 2nd (natural & parallel & parallel)
Buoyant beats in 1st & 2nd position (parallel)
Inward pull with contraction
Concave/Convex spine
High release/relaxation

Primary

Steps

Triplets
Rhythmic Walks (fwds, side, bwds)
Criss-Cross bounces
Scissor step
Sideways drag
Elevated step spring step turning
Hot foot walks (fwds, side, bwds)
Crossing ball changes
Twist turn

Movements

Glissés at the barre
Full plié in 2nd (with turnout)
Straight leg swings
Jazz 4th position

Grade 1

Steps

Triplets with varying foot patterns
Drag runs
Elevated bounces in 1st & 2nd
Explosive bounce to 2nd
Triplet turning
Fall away run

Movements

Pressure push
Deep forward lunge
Forward stretch
Contractions
Cross Swing
Legs in straddle
Shoulder rolls

Grade 2

Steps

Extended Walks
Petit jetés
Bounces in 4th
Compact drag runs
Low outward ronde
Swivel turn
Elevated step turns with straight legs Eagle shape

Movements

Full plié parallel 1st
Sitting Attitude
Shoulder shrugs
Relevés
Chassé to 2nd and jazz 4th
Sitting spin
Spiral turn to floor

Grade 3

Steps

Low sweeping attitude
Contemporary roll
Single outward pirouette
Front leap
Lash kick with and without relevé
Step hop step with attitude tuck

Movements

Lotus position
Off Balance at the barre
Attitude kick derrière
Chest projection
Varied contractions
Cross swing to 1/2 kneel
Kneeling attitude

Grade 4

Steps

Rapid runs
Free spin
Off balance in the centre
Straddle press up
Relaxed side fall from kneeling
Outward round kick
Front kick
Lash kick raccourci
Side leap
Spring flick kick by half turn
Bounce in attitude
T jump
Chainés
Jazz pas de chat
Step hop step in attitude derrière

Movements

Figure of 8 arm action
Rhythmic shoulder action
Impulse contraction
Spinal scoop
Upper body circle
Hurdle line
Pencil roll
Jazz release

Grade 5

Steps

Relaxed inward turn
Space action
Switch bounce
Posé to arabesque
Layout (at the barre)
'S' action
Trail turn
Whisk turn
Inward attitude turn (leg in front)
Inward pirouette
Step hop step with attitude tuck turning
Hitch kick (straight & développé)
Jazz retiré tuck
T jump with tilt
Grand pas de chat with extension

Movements

Rib isolation
Hip roll
Knee action
Wave bend