

INTERNATIONAL DANCE TEACHERS' ASSOCIATION LTD.

SPECIFICATION

IDTA Level 3 Certificate in Classical Ballet Performance

IDTA Level 3 Advanced Certificate in Classical Ballet Performance

April 2023

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Section A: Qualification Summary

Welcome to the International Dance Teachers' Association Ltd. (IDTA) specification for the following qualification.

Qualification Titles	RQF level	Guided Learning Hours	Credit value	Total Qualification Time
IDTA Level 3 Certificate in Classical Ballet Performance	3	90	13	130
IDTA Level 3 Advanced Certificate in Classical Ballet Performance	3	90	13	130

This specification is designed to give teachers and candidates practical information about this qualification.

If you have any general queries about these qualifications or any other IDTA qualifications, then please contact us on 01273 685652 or email us at info@idta.co.uk

Aims and Objectives

The aim of the Level 3 Certificate in Classical Ballet Performance is to provide candidates with the opportunity to obtain a recognised qualification that sits between Grade 5 and Intermediate in Classical Ballet.

The aim of the Level 3 Advanced Certificate in Classical Ballet Performance is to provide candidates with the opportunity to obtain a recognised qualification that sits between Intermediate and Advanced 1.

IDTA qualifications at levels 2, 3 and 4

(RQF) level	Graded examinations	IDTA recognised qualifications	Vocational Graded Examinations
2	Grade 4 Grade 5		
3		Certificate in Classical Ballet Advanced Certificate in Classical Ballet	Intermediate
4			Advanced 1 Advanced 2

The purpose of these qualifications are to provide candidates with further opportunities to develop technical knowledge and skills in classical ballet performance. In particular this will be of benefit to candidates who:

- Wish to progress to Intermediate or Advanced 1 level but want further development before making the transition to this level.

- Wish to progress to further study of classical ballet but who do not want to progress to Intermediate or professional performance via a vocational graded examination.

The qualifications also aim to encourage personal self-confidence and group awareness, develop a general appreciation of dance and provide an assessment of the candidate's progress and development.

The objectives of these qualifications are to:

- gain understanding of rhythm and its development
- gain appreciation of varying musical styles and their interpretation
- develop the range of movement within the students' natural capabilities
- build a sound technique
- promote the understanding and use of dance terminology
- gain a clear understanding of body mechanics
- develop an awareness of the use of space
- develop an awareness of audience and sense of performance
- encourage the development of self-expression
- promote self-confidence in performance

These qualifications are suitable for learners in the pre-16, 16+, 16-18, 19+ age groups.

The level 3 certificate has a minimum age requirement of 12 years.

The level 3 advanced certificate has a minimum age requirement of 13 years.

Progression

These qualifications provide two key progression routes:

- For candidates who wish to progress to Intermediate or Advanced 1 level but want further development before making the transition to this level.
- For candidates who wish to progress to further study of classical ballet but who do not want to progress to Intermediate or professional performance.

Qualification Structure

The qualification is structured around a set syllabus which includes the technical knowledge and skills required. For more information please contact IDTA Sales Ltd for a copy of the relevant syllabus at 01273 608583 or email sales@idta.co.uk

Section B: Assessment Information

Assessment Methodology

All assessment is external and is undertaken by IDTA Examiners. The IDTA offers two modes of assessment, both of which are carried out by IDTA Examiners:

Face to face examinations – these will be carried out at a suitable venue (e.g. dance school, community centre, church hall) organised by the dance teacher. An IDTA Examiner will be allocated to carry out the examination session in agreement with the teacher.

Live streamed examinations – where face to face examination session cannot be arranged, IDTA can offer the opportunity for an examination session to be scheduled via live stream. Teachers should be aware of the guidelines and requirements for live streamed examinations which can be found at [Exam Procedure Guide\[Members' Information\] \(idta.co.uk\)](https://www.idta.co.uk/exam-procedure-guide/members-information). Live streamed examinations will only be offered where it is not possible to organise a face to face examination.

Expectations of Knowledge, Skills and Understanding

Candidates will complete a range of dance sequences in classical ballet which allow them to demonstrate technique, musicality and performance skills to a set benchmark. These technical and performance skills set a foundation for further technical and artistic development by the candidate.

Achievement at **Level 3** reflects the ability to build upon a range of skills, knowledge and understanding in relation to an increasingly refined vocabulary of movement and artistic interpretation showing an increased confidence, assurance and sensitivity in application.

At this level, the candidate:

- Demonstrates a sound and established knowledge and understanding of the technique and music of a particular dance discipline/genre.
- Demonstrates an increased awareness of performance and an increased understanding of the relationship between performer and audience.
- Demonstrates a wide range of movements performed consistently and confidently with technical accuracy and control.
- Demonstrates an increased sensitivity to a range of musical content and style appropriate to the dance discipline/genre/genre.
- Demonstrates dynamics and fluidity of movement incorporating the use of space and a maturity and individuality in interpretation and expression.

Quality Assurance

All IDTA examinations are standardised according to the processes and procedures laid down by the IDTA.

Section C: Policies

Accessibility of IDTA qualifications

The qualifications will:

- be available to everyone who is capable of reaching the required standards
- be free from any barriers that restrict access and progression
- offer equal opportunities for all wishing to access the qualifications

There are no prerequisites for other qualifications to be completed, and no specified prior knowledge, skills or understanding required prior to taking an IDTA Graded or Vocational Graded qualification. It is expected, however, that for successful learning, the skills demanded in each grade are likely to be mastered before progressing to the next grade.

Candidates for IDTA examinations must be entered through an IDTA dance teacher. A list of IDTA teachers is available from the IDTA website at www.idta.co.uk or from IDTA Head Office. This is not a complete list of IDTA dance teacher members, only those who have stated they wish to appear on these mailing lists.

Candidates requiring an adjustment to the assessment of any qualification should refer to IDTA's policy for reasonable adjustments and special consideration which can be found at [Ofqual, CCEA, Qualifications Wales, RQF - International Dance Teachers' Association \(idta.co.uk\)](#). All reasonable adjustment requests should be submitted in advance of an examination and accompanied by relevant medical evidence.

Please note that a reasonable adjustment can only be granted to the format or conduct of an examination and not to the marks awarded.

Complaints and Appeals

Please see the IDTA Complaints procedure and Appeals Policy at [Ofqual, CCEA, Qualifications Wales, RQF - International Dance Teachers' Association \(idta.co.uk\)](#) for details about how we operate our complaints and appeals procedures. Also available to IDTA member teachers to download from the members section of the IDTA website or on request from IDTA Head Office.

Equal Opportunities

The IDTA is committed to a comprehensive policy of equal opportunities in the management of its qualifications in which individuals are selected and treated on the basis of their relevant merits and abilities without regard to race, religion, colour, sex, age, national origin, disability or sexual orientation, and are given equal opportunities within the company. The aim of this policy is to ensure that no candidate entering an examination receives less favourable treatment on grounds not relevant to good candidate practice.

Our equal opportunities policy is available at [Ofqual, CCEA, Qualifications Wales, RQF - International Dance Teachers' Association \(idta.co.uk\)](#) to IDTA member teachers to download from the members section of the IDTA website or on request from IDTA Head Office.

Malpractice

IDTA takes seriously any cases of potential malpractice which are reported to it. IDTA will carry out a thorough investigation of any potential cases of malpractice. Our malpractice policy is available at [Ofqual, CCEA, Qualifications Wales, RQF - International Dance Teachers' Association \(idta.co.uk\)](#)

Contacts and Support

For further information or guidance please contact the IDTA at:

INTERNATIONAL DANCE TEACHERS' ASSOCIATION Ltd

International House,

76 Bennett Road,

Brighton,

BN2 5JL

England

tel: ##44 (0)1273 685652,

fax: ##44 (0)1273 674388

Email: info@idta.co.uk,

Web: www.idta.co.uk

Appendix 1: IDTA Attainment bands

Candidates will be assessed by the IDTA's Examiners to a set standard based on the following attainment bands in their chosen dance genre.

Technique	Knowledge and understanding of technique. Physical control of the body.	max 60 marks
Musicality	Responsiveness to music and interpretation.	max 20 marks
Performance	Creativity and the ability to execute the work for an audience	max 20 marks

Attainment Bands

	Pass 65-74	Merit 75-84	Distinction 85-100
Technique	Has an understanding of the syllabus requirements with adequate demonstration.	Has an understanding of the syllabus requirements with competent to good demonstration.	Shows a very good/excellent understanding of the syllabus requirements with a very good demonstration.
Musicality	Shows some awareness of timing and rhythm.	Maintains awareness of timing and rhythm, and may respond to the mood and changes of the music.	Maintains a very good/excellent rhythm and timing and responds well to the dynamics of the music.
Performance	Attains a basic sense of presentation.	Shows development of expression through movement and may show ability to project the performance to an audience	Shows confidence in performance and presentation.

Appendix 2: About the IDTA

The International Dance Teachers' Association Ltd is one of the world's largest dance awarding organisations, covering the full spectrum of dance examinations on a global scale, with over 7,000 members in 55 countries. The Association celebrated its centenary in 2003.

The aims of the Association are;

- To promote knowledge and foster the art of dance in all its forms.
- To consult.
- To maintain and improve teaching standards.
- To offer a comprehensive range of professional qualifications in all dance genres.
- To provide and maintain syllabi and technique in all dance genres to train dance for the profession.

The IDTA is a member of;
British Dance Council (BDC)
Council for Dance Education and Training (CDET)
Federation of Dance Awarding Bodies (FDAB)
Sport & Recreation Alliance (SRA)
Theatre Dance Council International (TDCI)

The IDTA is an awarding organisation recognised by Ofqual in England, Qualifications Wales in Wales and CCEA in Northern Ireland.

IDTA Examinations

The IDTA has developed a range of examinations suitable for all ages and levels of experience and achievement.

Individuals, who gain a dance teaching qualification with the IDTA and are accepted into membership of the Association, may enter their pupils for IDTA examinations at amateur, performer and professional levels.

Teaching qualifications are available in eight core subjects, divided into three branches. Firstly, the Ballroom Branch which includes: Ballroom, Latin and Classical Sequence, secondly, the Freestyle Branch and finally, the four core subjects of Ballet, Tap, Contemporary Modern Jazz and Theatre Craft are classified as Theatre Branch subjects.

The IDTA offers two regulated teaching qualifications:

- IDTA Level 3 Diploma for Dance Teaching Assistants
- IDTA Level 4 Diploma in Dance Teaching

Specifications and guidance for both qualifications are available on the IDTA website.

The IDTA also offers teaching examinations in the non-core subjects of Line Dancing, Cheerleading, Street Dance, Rock 'n' Roll, Salsa, Belly Dancing, Argentine Tango, Dance Exercise and Gymnastic Dance (note: restrictions apply).

In addition to the two regulated dance teaching qualification are three levels of membership to the organisation, which are offered as non-regulated examinations. These are at Associate, Licentiate and Fellowship level. Please note that Associate examinations are offered for candidates outside of the UK only. UK candidates would be expected to enter the regulated qualification at level 4.

Access to the examination service is available only to members and is restricted to the branch(es) in which they hold member status.

The Association offers a wide variety of tests and awards for amateur / social dancers including Rosettes, Stardance Awards, Pre-juvenile Groups Awards, Preparatory and Primary Grades; plus a wide range of medal tests in many genres, from One Dance through Bronze, Silver and Gold medals and advancing through the Bars, Stars and President's Awards to the International Supreme Award. For the medal tests and higher awards, the dances are choreographed by the teacher and build in length and complexity. The Association also offers Social Dance Awards, and Team Awards.

Appendix 3: IDTA Dance Examination Guide

Examination Procedures

1. The teacher will ensure that the candidate is suitably dressed with appropriate footwear. Candidates may wear an identifying coloured ribbon, number or badge which is noted on the report form to assist the Examiner.
2. Prior to the examination the teacher will ensure that the examination report form is filled in correctly and will verify the details with the candidate and the Examiner.
3. A music operator will be responsible for the music, taking instructions from the Examiner.
4. Candidates will perform all units of the grade being taken. Percentage contributions for each unit are recorded on the report form. Final marking will be based upon the total of marks awarded. (Pass mark 65%).

Length of Examinations

One or two candidates – 35 minutes

Three candidates – 40 minutes

Outline of syllabus content

Level 3 Certificate in Classical Ballet Performance

Barre

- Warm up
- Battements tendus
- Preparation for ronds de jambe en l'aire and Ballonne
- Demi-pointe exercise
- Grands Battements

Centre

- Ports de bras and temps lie
- Adage
- Pirouette en dedans
- Chaines Prep
- Allegro study No. 1
- Allegro study No. 2
- Batterie study
- Variation

Level 3 Advanced Certificate in Classical Ballet Performance

Barre

- Warm up
- Plies
- Tendu development
- Battements combination
- Adage
- Demi-pointe exercise
- Alternative Demi-pointe

Centre

- Centre practice
- Centre adage
- Alternative centre adage
- Pas de bourree courus
- Pirouettes
- Turning sequence en diagonal

Allegro

- Allegro warm up
- Allegro study 1
- Allegro study 2
- Batterie study
- Variation