

FIRST STEPS IN CONTEMPORARY MODERN JAZZ

Age from 3 years.

Time Allocation: 15 minutes

Teacher conducts the examination.

A maximum of 8 students.

Dress: Appropriate class wear

1. BOOGIE IN

A choreographed jogging entrance into the room either individually or altogether.

Including rhythmical actions.

For example:

- Jogs
- Heel and close
- Handshakes
- Slaps and claps

To finish in place for introductions.

Children to introduce themselves and say their names to the examiner.

(Teacher can introduce children)

2. LETS ISOLATE

Robotic Actions using Isolations.

For example:

- Head
- Shoulder
- Arms
- Hands
- Knees
- Hips

3. FIND THE BEAT

Introducing floor work and travelling steps.

Slow tempo. Explore the floor:

- Prowling movements,
- Sitting
- kneeling
- crawling

Quick Tempo. Travelling movements:

- Galops
- Skips
- Jogs
- Jumps
- Hops

Repeat all

4. TWIST AND SHAKE

To include Boogie actions.

For example:

- Twist
- Wiggle
- Clap
- Shake
- Step and clap

5. THROW AND CATCH

Develop understanding of stretch and release, expansion and relaxation.

6. BOUNCE AND BOOGIE

Exploring elevation.

For example:

- Bounces
- Star jumps
- Tall jumps
- Tuck jumps

7. DANCE AND MELT

React and move to the music. To incorporate the feeling of dance, freeze and melt.

8. TRIBAL SOUNDS

A finale performance. To include creative movement based on the tribal theme. Maybe interactive.

9. BOW

Children to bow and exit the room.

FIRST STEPS IN CONTEMPORARY MODERN JAZZ TRACK LIST

Introduction

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|--------------------|----------------------|
| 1. Boogie In | 6. Bounce and Boogie |
| 2. Let's Isolate | 7. Dance and Melt |
| 3. Find the Beat | 8. Tribal Sounds |
| 4. Twist and Shake | 9. Bow |
| 5. Throw and Catch | |

Music composed and performed by
RICHARD WETHERALL – WW PRODUCTIONS LTD
Commentary by Richard Weatherall

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Syllabus created by:
The IDTA Contemporary Modern Jazz Faculty
Linda Cook, Lisa Handley, Shani Mitchell, Michelle Upton, Phil Winston
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Report Form
Examination Code

First Steps Report
CMJ FSA